CLAIMS

What is claimed is:

1. An insert for a clamping device, the insert comprising

a first end and a second end;

external clamping threads adapted to be rotatably connected to the clamping device to adjust the position of the insert in relation to the clamping device;

a plurality of planar receptors positioned within the insert to define a pass through opening in the insert, wherein each planar receptor is positioned within a separate plane

a first stop connected to the first end and adapted to limit the movement of the insert in relation to the frame; and

a second stop connected to the second end and adapted to limit the movement of the insert in relation to the frame.

- 2. The clamp of claim 1, wherein the plurality of planar receptors define a square pass through opening in the insert.
- 3. The clamp of claim 1, wherein the plurality of planar receptors define a triangular pass through opening in the insert.

- 4. The clamp of claim 1, wherein each stop includes a shoulder extending past the diameter of the external clamping threads such that each shoulder contacts the clamping device.
- 5. The clamp of claim 1, further including:

a first connection thread attached to the first end; and

the first stop including a main body connected to a shoulder, the main body defining a second connection thread for mounting the shoulder on the first connection thread.

- 6. The clamp of claim 1, further including
 a connection groove positioned on the first end; and
 the first stop comprising a snap ring adapted to fit the connection groove.
- 7. The clamp of claim 1, the first stop comprising a metal washer fixed to the insert.
- 8. The clamp of claim 1, the second stop comprising a metal washer fixed to the insert.

9. A vise, comprising:

a clamping shaft including at least three extensions positioned around the shaft;

an insert positioned on the clamping shaft defining a pass through opening including extension receptors, the receptors adapted to engage the extensions and substantially center the shaft inside the pass through opening, the insert further defining a first clamping thread, wherein rotation of the clamping shaft in relation to the insert in a first direction engages the first extensions into the receptors to turn the insert, and rotation of the clamping shaft in a second direction disengages the extensions from the receptors such that the clamping shaft may freely slide through the pass through opening;

a bearing jaw;

a body extending from the bearing jaw and defining a second clamping thread adapted to engage the first clamping thread to adjust the position of the insert in relation to the body;

a driving jaw engaging the clamping shaft and adapted to be driven to provide clamping pressure in relation to the bearing jaw; and

stops connected to the insert and adapted to limit the movement of the insert in relation to the base.

- 10. The vise of claim 9, the first and second clamping threads including multiple rotations to allow for a plurality of adjustment rotations of the insert within the driving jaw.
- 11. The vise of claim 9, the length of the first clamping thread and the stops adapted to limit the exposure of the first clamping threads.
- 12. The vise of claim 9, wherein at least one stop comprises:

a shoulder connected to an end of the insert and extending past the internal diameter of the clamping thread such that the shoulder contacts the driving jaw.

- 13. The vise of claim 12, the insert further defining a first connection thread and the at least one stop including a main body connected to the shoulder, the main body defining a second connection thread for mounting the shoulder on the insert.
- 14. The vise of claim 9, the insert further defining a connection groove, the stop comprising a snap ring adapted to fit the connection groove.
- 15. The vise of claim 9, the stop comprising a metal washer fixed to the insert.

- 16. The vise of claim 9, the pass through opening having a square shape and the clamping shaft having a square cross section including four teeth placed at the corners of the square shape.
- 17. The vise of claim 9, the clamping shaft including a bearing end adapted to move through the pass through opening for removal of the clamping shaft.